



# Massage Therapy *for Cancer Patients*

**Going Through Cancer** can be a frightening and lonely experience. Shine Therapy helps ease the emotional and physical stress throughout your diagnosis, treatment and recovery. We provide nurturing massage and lymphatic therapy designed specifically for cancer patients, especially those who are uninsured, underinsured or low income.

## Free and Low-Cost Massages

Every cancer patient deserves to be nurtured. You receive two free massages, with additional massages on a sliding fee scale. Services are provided at Texas Oncology and Cancer Care Services.

## In Good Hands

Our therapists are trained in cancer-related precautions, side-effects, body changes, sensitive concerns and unique issues from chemotherapy, radiology and surgery.

## Safe and Effective

With a medical release from your physician and a completed intake form from you, we create the best treatment plan just for you.

**Oncology Massage Therapy:** Relaxing professional massage specifically designed to safely nurture the body, mind and spirit of those dealing with cancer.

**Manual Lymphatic Drainage:** Relieves the buildup of lymphatic fluid, a common side-effect of cancer treatment when lymph vessels are damaged or removed.

**Caregiver Massage:** Cancer affects the family as well as the patient. Shine Therapy offers relaxation massage for your important caregivers. Caregivers receive one free massage.



***“The hour I spend at Shine Therapy is a blessing in so many ways. My stress is massaged away, as well as my physical pain. My two teens have seen an overall improvement in my attitude and anxiety level as well.”***

**shinetherapy.org**  
**817-372-8998**

Shine Therapy is a non-profit 501(c)3 organization supported through donations. We partner with wellness-focused organizations in Tarrant County to provide a complementary means of support for uninsured, underinsured and low-income cancer patients.