



SUPPORTING CANCER PATIENTS
CARING FOR CAREGIVERS
EMPOWERING SURVIVORS

www.cancercareservices.org

MARCH

2018 CONNECTION ACTIVITIES

623 S. HENDERSON ST.
FORT WORTH, TX 76104

MIND, BODY, SPIRIT

**Mindfulness
Meditation**

**Thursday, 3/29
10:30-11:30am**

**Gentle Beginners
Yoga**

**Wednesday, March
7,14,21,28
5:30pm to 6:30pm**

Mats, chairs, cushions and equipment for classes are provided.
Yoga classes are gentle movements and doctor's orders are required.

¡Grupo De Apoyo en Español!
Fecha: el día 1 y 15 de marzo del
2018
Hora: 5:30-7:00pm
Este grupo es para todos que han
sido afectados por el cáncer
(pacientes, cuidadores, y
sobrevivientes)
Los temas cambiarán cada mes



Cancer patients, caregivers & survivors are invited to our complimentary inspirational series -
- "Mind, Body & Spirit" -- offered on the first Tuesday of each month from
5:30 - 7 p.m.
March - Joy in the Struggle



AYA RETREAT



DATE March 10th and 11th 2018
with and overnight stay at Camp Carter

LOCATION Camp Carter
6200 Sand Springs Rd
Fort Worth, Texas 76114

Cancer Care Services invites cancer patients or survivors to an
overnight retreat to connect with other AYA patients and
survivors
RSVP REQUIRED

The retreat will include archery, canoeing and many other
activities.

For more information, contact us:

817-921-0653

connect@cancercareservices.org

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Cancer Care Services

Cancer Care Services

INFO

CONNECT

Bible Care | Every Wednesday | 12:00PM
Member-lead group offering spiritual support. Potluck meal weekly.

Survivors Group | Every Wednesday | 1:15PM
Member-lead group offering guidance and support to all survivors.

Shine Therapy | Every Tuesday & Wednesday | Varies
Gentle touch massage available with Physician's orders.
Appointment required.

Appointment times: 11:00AM, 1:00PM and 2:30PM

Family Fun Night | Friday, March 23rd 7:00-9:00PM
Join us for snacks and games for the whole family!