



SUPPORTING CANCER PATIENTS
CARING FOR CAREGIVERS
EMPOWERING SURVIVORS

www.cancercareservices.org

DECEMBER

2017 CONNECTION ACTIVITIES

623 S. HENDERSON ST.
FORT WORTH, TX 76104

MIND, BODY, SPIRIT

**Mindfulness
Meditation**

Meditation cancelled for the month of
December due to the holidays.



Mats, chairs, cushions and equipment for classes are provided.
Yoga classes are gentle movements and doctor's orders are required.

**Gentle Beginners
Yoga**

Every Wednesday
5:30pm to 6:30pm
No yoga the Wednesday
before Christmas.

Cooking Matters

Cancelled due to the
Holiday Season.

Happy Holidays!

Family

Join us on December 9th from 2:00PM -
5:00PM for our Home for the Holidays Party!



Adopt A Family

If enrolled in financial services, please ask
how you can get assistance for the holidays!

Gift Pickup/Delivery:

Starts at 1:00PM on Tuesday 12/19/17 and
ends at 5:00PM on Tuesday 12/20/17

SPECIAL

Shine Therapy

**Every Tuesday & Wednesday
11:30, 1:00pm, 2:30pm**

Massages to safely nurture
the mind, body, and spirit of
cancer patients and caregivers.

For more information, contact us:

817-921-0653

connect@cancercareservices.org

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Cancer Care Services

Cancer Care Services

INFO

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Bible Care | Every Wednesday | 12:00PM

Member-lead group offering spiritual support. Potluck meal weekly.

Survivors Group | Every Wednesday | 1:15PM

Member-lead group offering guidance and support to all survivors.

Fossil Rim Family Day
Saturday, December 2, 2017
More details coming soon!