



SUPPORTING CANCER PATIENTS
CARING FOR CAREGIVERS
EMPOWERING SURVIVORS

www.cancercareservices.org

SEPTEMBER

2017 CONNECTION ACTIVITIES

MIND, BODY, SPIRIT

Mindfulness Meditation

Tuesday 9/12 | 6:00PM to 7:00PM
Tuesday 9/19 | 6:30PM to 7:30PM

Gentle Beginners Yoga

Every Wednesday
5:30pm to 6:30pm

*Mats, chairs, cushions and equipment for classes are provided.
Yoga classes are gentle movements and Doctors orders are required.*

ESPAÑOL

Jueves 21 de Septiembre
6pm to 7pm
Personal Bilingue "Conocer y saludar"

Venga a conocer a los nuevos miembros bilingues del personal de CCS. Vamos a conocernos y planear para reuniones futuras. La cena sera proporcionada por CCS.

LEARN

KNIT/CROCHET GROUP | Every Friday | 10:30AM

For beginners, intermediate or experienced levels. Group members are happy to help you learn. Needles and yarn provided.

Family Movie Night: Meet the Program Staff

Friday, September 29

6:30pm - Dinner and visiting
7:30pm - Movie

SPECIAL

For more information, contact us:

817-921-0653

connect@cancercareservices.org

www.cancercareservices.org

Cancer Care Services

Cancer Care Services

INFO

CONNECT

Bible Care | Every Wednesday | 12:00PM

Member-lead group offering spiritual support. Potluck meal weekly.

Survivors Group | Every Wednesday | 1:15PM

Member-lead group offering guidance and support to all survivors.

Hood County Support Group | 1:30PM to 2:30PM

First Wednesday of the Month in the Hood County office

*** This group meets at 201 E Pearl Street, Granbury, Texas 76048*